

## SPRINGWOOD SURGERY

### TRAVEL RISK ASSESSMENT FORM

Please complete this form prior to your travel appointment and return to reception

| Personal details   |          |                       |                         |  |             |  |  |
|--|----------|-----------------------|-------------------------|--|-------------|--|--|
| <b>Name:</b>   |          |                       |                         | <b>Date of birth:</b>  |             |  |  |
|  |          |                       |                         | <b>Male [ ] Female [ ]</b>                                       |             |  |  |
| <b>Easiest contact telephone number</b>                            |          |                       |                         |  |             |  |  |
| <b>E mail</b>  |          |                       |                         |  |             |  |  |
| Dates of trip  |          |                       |                         |  |             |  |  |
| <b>Date of Departure</b>   |          |                       |                         |  |             |  |  |
| <b>Return date or overall length of trip</b>                       |          |                       |                         |  |             |  |  |
| Itinerary and purpose of visit                                     |          |                       |                         |  |             |  |  |
| <b>Country to be visited</b>                                       |          | <b>Length of stay</b> |                         | <b>Away from medical help at destination, if so, how remote?</b> |             |  |  |
| 1.   |          |                       |                         |  |             |  |  |
| 2.   |          |                       |                         |  |             |  |  |
| 3.   |          |                       |                         |  |             |  |  |
| <b>Please tick as appropriate below to best describe your trip</b> |          |                       |                         |  |             |  |  |
| <b>1. Type of trip</b>   | Business |                       | Pleasure                |  | Other       |  |  |
| <b>2. Holiday type</b>   | Package  |                       | Self organised          |  | Backpacking |  |  |
|  | Camping  |                       | Cruise ship             |  | Trekking    |  |  |
| <b>3. Accommodation</b>  | Hotel    |                       | Relatives / family home |  | Other       |  |  |
| <b>4. Travelling</b>   | Alone    |                       | With family / friend    |  | In a group  |  |  |
| <b>5. Staying in area which is</b>                                 | Urban    |                       | Rural                   |  | Altitude    |  |  |
| <b>6. Planned activities</b>                                       | Safari   |                       | Adventure               |  | Other       |  |  |

|   |
|---|
| <b>Personal medical history</b>   |
| Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions, thymus disorder) |
| List any current or repeat medications  |
| Do you have any allergies for example to eggs, antibiotics, nuts ?  |
| Have you ever had a serious reaction to a vaccine given to you before?  |
| Does having an injection make you feel faint?   |
| Do you or any close family members have epilepsy?   |
| Do you have any history or mental illness including depression or anxiety   |
| Have you recently undergone radiotherapy, chemotherapy or steroid treatment?  |
| <i>Women only:</i> Are you pregnant or planning pregnancy or breast feeding?  |
| Have you taken out travel insurance and if you have a medical condition, informed the insurance company about his?      |
| Please write below any further information which may be relevant including any future possible travel plans.            |

|   |  |              |  |             |  |
|---|--|--------------|--|-------------|--|
| <b>Vaccination History</b>  |  |              |  |             |  |
| Have you ever had any of the following vaccinations / malaria tablets and if so when? |  |              |  |             |  |
| Tetanus   |  | Polio        |  | Diphtheria  |  |
| Typhoid   |  | Hepatitis A  |  | Hepatitis B |  |
| Meningitis  |  | Yellow Fever |  | Influenza   |  |
| Rabies  |  | Jap B Enceph |  | Tick Borne  |  |
| Other   |  |              |  |             |  |
| Malaria tablets   |  |              |  |             |  |

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed \_\_\_\_\_ Date \_\_\_\_\_

|  |            |                                   |                            |
|--|------------|-----------------------------------|----------------------------|
| <b>For official use</b>  |            |                                   |                            |
| <b>Patient Name:</b>   |            |                                   |                            |
| Travel risk assessment performed    Yes [    ]      No [    ]  |            |                                   |                            |
| <b>TRAVEL VACCINES RECOMMENDED FOR THIS TRIP</b>               |            |                                   |                            |
| <b>Disease protection</b>                                      | <b>Yes</b> | <b>No</b>                         | <b>Further information</b> |
| Hepatitis A  |            |                                   |                            |
| Hepatitis B  |            |                                   |                            |
| Typhoid  |            |                                   |                            |
| Cholera  |            |                                   |                            |
| Tetanus  |            |                                   |                            |
| Diphtheria   |            |                                   |                            |
| Polio  |            |                                   |                            |
| Meningitis ACWY  |            |                                   |                            |
| Yellow Fever   |            |                                   |                            |
| Rabies   |            |                                   |                            |
| Japanese B Encephalitis  |            |                                   |                            |
| Other  |            |                                   |                            |
|  |            |                                   |                            |
|  |            |                                   |                            |
| <b>TRAVEL ADVICE AND LEAFLETS GIVEN AS PER TRAVEL PROTOCOL</b> |            |                                   |                            |
| Food water and personal hygiene advice                         |            | Travellers' diarrhoea             | Hepatitis B and HIV        |
| Insect bite prevention   |            | Animal bites                      | Accidents                  |
| Insurance  |            | Air travel                        | Sun and heat protection    |
| Websites   |            | Travel Record card supplied       |                            |
|  |            | OTHER                             |                            |
| <b>MALARIA PREVENTION ADVICE and MALARIA CHEMOPROPHYLAXIS</b>  |            |                                   |                            |
| Chloroquine and proguanil                                      |            | Atovaquone + proguanil (Malarone) |                            |
| Chloroquine  |            | Mefloquine                        |                            |
| Doxycycline  |            | Malaria advice leaflet given      |                            |
| <b>FUTHER INFORMATION</b>                                      |            |                                   |                            |
| e.g. weight of child   |            |                                   |                            |
|  |            |                                   |                            |
|  |            |                                   |                            |
| <b>Signed by:</b>  |            | <b>Position:</b>                  |                            |
|  |            | <b>Date:</b>                      |                            |
|  |            |                                   |                            |

Now scan this form into the patient's record on the computer for evidence of best practice